



# THE ALL-STARS PREVENTION GROUP

*(An extension of Surry County Substance Abuse Recovery Office focused on Substance Abuse Prevention)*

All Stars Meeting Report

Held from 5:00 PM to 7:00 PM, July 13, 2021

Surry County Substance Abuse Recovery Office, Historic Courthouse, Dobson, NC

## **Meeting Report**

- I. Summary of Meeting
- II. Introduction with list of outcomes
- III. Participant demographics
- IV. Summary of findings with each outcome, including representative quotes, results of yes or no questions, and quantitative data
- V. Recommendations

### **I. Summary of Meeting:**

The Surry County Substance Abuse Office held a community meeting on Tuesday, July 13, 2021 involving various members of the community representing Surry County. Ms. Charlotte Reeves, Community Outreach Specialist, led the meeting with 16 community members present. This meeting consisted of an update on Surry County Substance Abuse Recovery Office's recent progress in fulfilling the continuum of care for those affected by Substance Use Disorder. We had updates from our Transportation Coordinator, Ms. Deborah Giep, our Data Analyst, Mr. Jamie Edwards, and our Community Outreach Coordinator, Ms. Charlotte Reeves. The last speaker was Paula Sheets, an All-Star member, who provided a presentation about Individual and Community Wellness.

### **II. Introduction**

The Surry County Substance Abuse Recovery Office held a community meeting with sixteen community members on July 13, 2021. The meeting was conducted as part of the Substance Abuse Recovery Office's involvement in reducing the number of opiate and other drug related deaths and abuse in Surry County. The All-Stars have had previous discussions about the ways that the Surry County Substance Abuse Recovery Office has set up a proposed "Continuum of Care", to explore ways of capturing data about our County's knowledge of the substance abuse problem, and resources we currently have. This meeting was held at the Surry County Substance Abuse Recovery Office in Dobson, NC. The goal of this meeting is to provide an update to community members about the progress that Surry County Substance Abuse Recovery Office is making towards creating the "Continuum of Care."

### **III. Participant Demographics**

Sixteen participants took part in the meeting:

- 12 women
- 4 men

#### IV. Participant Perspectives

- Perspective 1:** Charlotte Reeves began the meeting by welcoming everyone and asking them to get some food to eat while having the meeting. Ms. Reeves welcomed the group and discussed the agenda for the meeting. She noted that Jennifer Sinacore and herself made the eggplant parmesan purchased by the Surry County Substance Abuse Recovery Office. She also thanked Mr. Manuel Borders, Karl Singletary, Paula Sheets, Melissa Mundy, and others for the food they brought to the meeting.
- Perspective 2:** Ms. Deborah Giep spoke about the progress of the transportation program. She provided the group with current statistics about how many miles have been driven and how many people have been helped by providing them transportation to treatment. She also discussed some of the hardships the program is facing regarding riders not being there at their appointed pick up time or being a “No Show.”
- Perspective 3:** Mr. Jamie Edwards discussed the addition of a monthly newsletter by Surry County Substance Abuse Recovery Office. He discussed what the newsletter contained, which is monthly statistics and updates from different departments, such as Prevention, Transportation, the Intervention Team, and Data Analysis of substance use information in Surry County. We spoke about putting a section in the newsletter which updates readers about the monthly All-Stars Meetings. He requested that anyone who is not receiving the newsletter can contact Charlotte Reeves, [reevesc@co.surry.nc.us](mailto:reevesc@co.surry.nc.us) to request your name be added to the Master Email Listing. Mr. Edwards also discussed with the group what topics will be analyzed in our County’s Real Time Substance Abuse Dashboard that will be posted on [surrycountycares.com](http://surrycountycares.com) and updated monthly.
- Prevention 4:** Ms. Charlotte Reeves spoke next giving the group a Prevention Activities Update. This summer there are at least (3) activities, in which the sponsors have requested assistance from the All-Stars Prevention Group. They are: Equality in Action, a non-profit group who will be hosting an Informational Day on Substance Abuse for Children and Families at Riverside Park on July 31, 2021 from 2 pm – 6 pm; A community collaboration who is putting on Hope Fest on August 28, 2021 at Riverside Park from 4 pm – 7 pm; and Surry County Substance Abuse Recovery Office, who is celebrating Red Ribbon Week, October 23, 2021 – October 31, 2021, throughout Surry County and who anticipates hosting a “Teen Day” at Riverside Park sometime during this week. Red Ribbon Week is the largest substance abuse prevention awareness week in the United States. The Drug Enforcement Administration started the Red Ribbon Week after the death of Drug Enforcement Administration Special Agent Enrique “Kiki” Camarena, who in 1985, was brutally murdered by drug traffickers he was investigating in Mexico. After his death, people started wearing red ribbons to honor Kiki’s sacrifice and to raise substance use prevention awareness.
- Prevention 5:** Next, Mrs. Paula Sheets put on a presentation about Individual and Community Wellness. Ms. Sheets did an amazing job explaining the (8) dimensions of wellness to include: occupational, emotional, spiritual, environmental, financial, physical, social, and intellectual. She reviewed and defined each dimension. She also discussed mindfulness and meditation and did a practice exercise. Congratulations to Mrs. Paula Sheets on a successful and effective presentation.

## **V. Recommendations**

The All-Star Prevention Group Members that were present all agreed that sharing ideas, monthly, is a great educational opportunity. Once again, everyone agrees that the substance abuse problems continue to be a major issue for those who are suffering with the problem, their families, and our County. The meeting was adjourned and will meet again in the month of August. Everyone was informed to check email for The All-Star Prevention Group correspondence. The members were briefed that there will also be an email sent out with the July Meeting Minutes and an announcement of the next scheduled meeting date and location. Thank you to the new participants that attended this meeting. It was a great success.

Charlotte Reeves also requested that everyone check out the Surry County Opioid Response Effort Facebook page and website at [surrycountycares.com](http://surrycountycares.com).

If you have any questions, or need additional information, please contact:

**Charlotte Reeves at:** [reevesc@co.surry.nc.us](mailto:reevesc@co.surry.nc.us)