



THE ALL-STARS PREVENTION GROUP

(An extension of Surry County Office of Substance Abuse Recovery, focused on Substance Use Prevention)

All-Stars Meeting Report

Held from 5:00 PM to 6:00 PM, February 8, 2022

Historic Courthouse, Dobson, NC

Meeting Report

- I. Summary of Meeting
- II. Introduction with list of outcomes
- III. Participant demographics
- IV. Summary of findings with each outcome, including representative quotes, results of yes or no questions, and quantitative data
- V. Recommendations

I. Summary of Meeting:

The Surry County Substance Abuse Office held a community meeting on Tuesday, February 8, 2022 involving various members of the community representing Surry County. Ms. Charlotte Reeves, Community Outreach Coordinator, led the meeting with 17 community members present. The first meeting of 2022 was to discuss more about coalitions and the importance of gratitude within a community.

II. Introduction

The Surry County Substance Abuse Recovery Office held a community meeting with seventeen community members on February 8, 2022. The meeting was conducted as part of the Substance Abuse Recovery Office's involvement in reducing the number of opiate and other drug related deaths and abuse in Surry County. The All-Stars have had previous discussions about the ways that Surry County Substance Abuse Recovery Office has set up a proposed "Continuum of Care", to explore ways to eliminate many impediments for those residents, seeking treatment and recovery. This meeting was held at the Historic Courthouse in Dobson, NC. The goal of this meeting is to promote discussion within our group that can extend to our community about the problem of substance use disorder and mental health issues.

III. Participant Demographics

Fifteen participants took part in the meeting:

- 16 women
- 1 man

IV. Participant Perspectives

- Perspective 1:** Charlotte Reeves welcomed everyone and announced that tonight will be a short meeting along with group discussion. She first welcomed all members back and thanked them for their continuous collaboration. She then introduces our transportation coordinator, Deborah Giep, who gave a short update on stats for Ride the Road to Recovery, for instance, the number of hours that drivers have spent in the car with people travelling back and forth to treatment and the number of total miles driven in the transportation program.
- Perspective 2:** Furthermore, Ms. Reeves elaborates on the efforts of distributing naloxone within the community and the recent delay of naloxone distribution for the month of February due to having to create a new policy and collaboration with North Carolina Department of Health and Human Services [DHHS].
- Perspective 3:** Ms. Reeves led a discussion regarding the premature thought of creating subcommittees and discussed the expansion of the coalition. Such subcommittees mentioned include committees for youth, for community events, communication, etc.
- Perspective 4:** Next, Charlotte opened the floor up to general discussion of the All-Stars. The discussion was regarding opinions and concerns and targeted aspects of the coalition that team members want to work on.
- Perspective 5:** Ultimately, Ms. Reeves introduces savoring gratitude and discussed ways to practice daily gratitude. All-Stars were given a work packet to learn ways to savor gratitude and were given the opportunity to reflect on instances where they felt as if they experienced gratitude.
- Prevention 6:** Ms. Reeves mentioned the next scheduled meeting being held March 8, 2022, at 5 pm where updates and future coalition efforts will be continued.
- Prevention 7:** Ms. Reeves thanked everyone for attending the meeting and participating in the discussion and activity regarding the importance of prevention work in our community and ended the meeting.

V. Recommendations

The All-Star Prevention Group Members that were present all agreed that sharing ideas, monthly, is a great educational opportunity. Once again, everyone agrees that the substance abuse problems continue to be a major issue for those who are suffering with the problem, their families, and our County. The meeting was adjourned and will meet again in the month of March. Everyone was informed to check their email for The All-Star Prevention Group correspondence. The members were briefed that there will also be an email sent out with the February Meeting Minutes and an announcement of the next scheduled meeting date and location. Thank you to the new participants who attended this meeting. It was a great success.

Charlotte Reeves also requested that everyone check out the Surry County Opioid Response Effort Facebook page and website at [surrycountycares.com](https://www.surrycountycares.com).

If you have any questions, or need additional information, please contact:

Charlotte Reeves at: reevesc@co.surry.nc.us